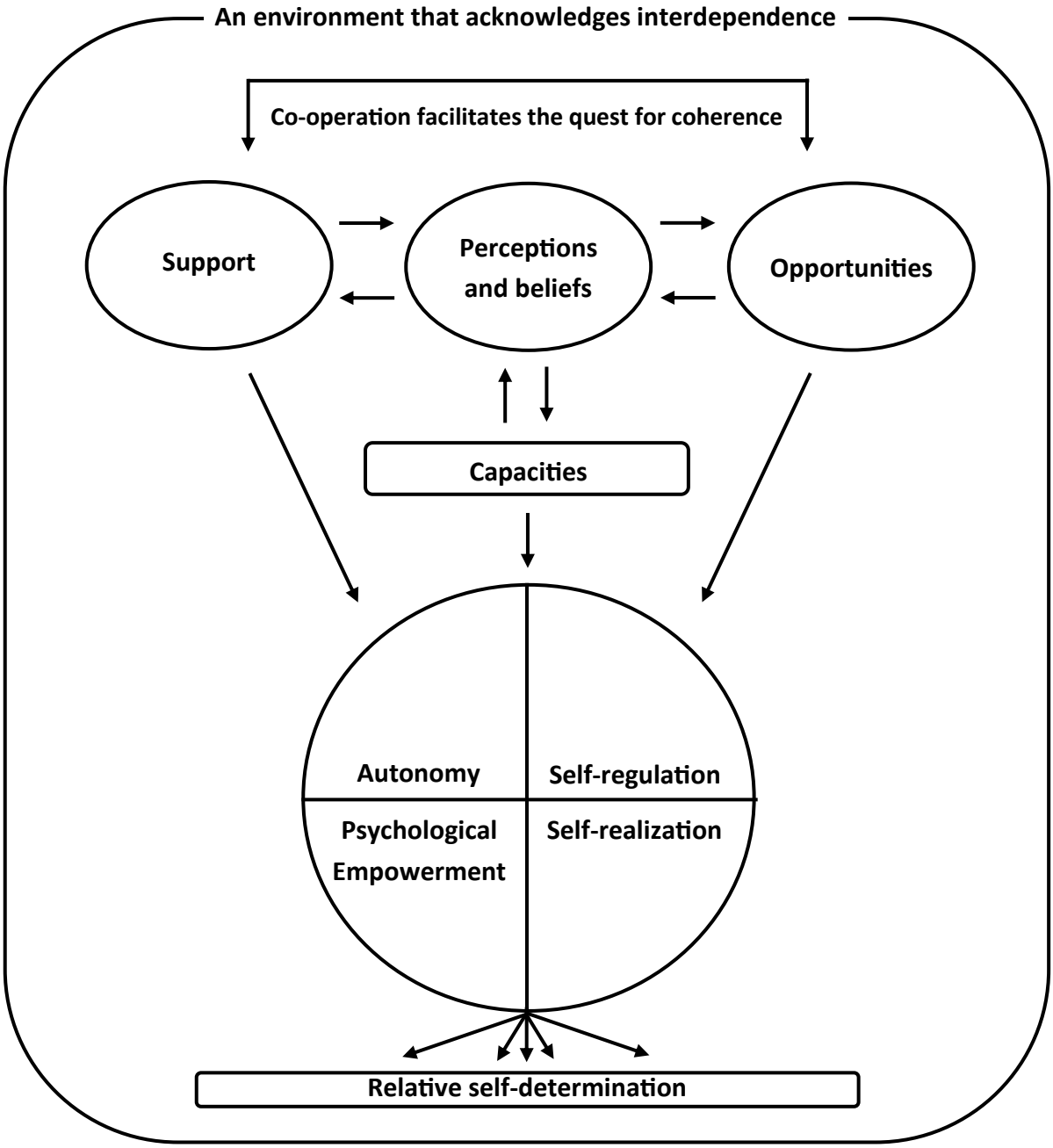
An environment that acknowledges interdependence
Co-operation facilitates the quest for coherence
Support
Perceptions and beliefs
Opportunities
Capacities
Autonomy
Self-regulation
Psychological Empowerment
Self-realization
Relative self-determination