LDAO Chapters: Local Services for Students with LDs

Chapter Information	Chapter Programs
LDA Chatham-Kent **Tel:** (519) 352-2024 **E-mail:** LDAck@netrover.com **Website:** www.LDchatham-kent.org **Facebook:** https://www.facebook.com/LDAChatham/	**Information Meetings** during the academic year. **FRIENDS for Life** – A world-leading program, written by Dr. Paula Barrett; friendsresilience.org. Proven to be effective in helping children and youth cope with feelings of fear, worry, anxiety, and depression and build emotional resilience and self-esteem. Assists with skills such as: recognizing signs of anxiety, managing emotions, using relaxation to calm down, becoming more mindful, using positive and helpful self-talk, facing fears, and building a support team. For students ages 8-12. **Better Emotional and Social Times (B.E.S.T) Social Skills Training Program*** – This program, intended for elementary aged children with LDs and/or ADHD, teaches children to interact successfully with others, through discussion, games, role playing and direct instruction in small groups. Topics may include listening, dealing with anger, friendship, peer pressure, bullying, accepting consequences, ignoring distractions and more. **S.O.A.R. (Some Assembly required) Transition Planning Program* –** A transition planning program for students in grades 7-9 to help them gain an understanding of their LDs and use this information to advocate for their needs and experience a smooth transition to secondary school. **Tutoring Program*** – A unique one-to-one, after school program for children of elementary school age, offering tutoring of basic academic skills as well as organization and study skills, keyboarding, and assistive technology training. *Social skills, tutoring, SOAR and technology training are also offered in the summer.
LDA Durham Region **Tel:** (905) 426-1442 **E-mail:** info@LDAdr.on.ca **Website:** www.LDAdr.on.ca	**Information meetings** during the academic year.
LDA Halton **Tel:** (905) 333-1977 **E-mail:** info@LDAhalton.ca **Website:** www.LDAhalton.ca	**Reading Rocks** – An individualized, one-to-one tutoring literacy program for children ages 6 to 12 who are struggling with literacy skills. **Annual Conference** – One day "Solutions for Learning" conference designed for Educators and held each Spring which features plenary speakers and multiple break-out sessions on a range of current topics related to LDs. **Workshops / Lecture Series** – Offered for parents, students and educators and held throughout the year on subjects such as: Parent Advocacy, Transitioning to High School, Interpreting an IEP, Mindfulness and more.

LDAO Chapters: Local Services for Students with LDs

	Instructional Remediation Tutoring – One-to-one instruction in reading, writing or math using a multi-sensory, research-based approach, with an Orton Gillingham certified tutor. **Assistive Technology** – A classroom-based program designed for students in Grades 4 to 8 which covers effective organization of files within Google Drive, introduces students to the use of Google Read and Google Write and includes developing strategies for students' use of technology in the school classroom. **Language Booster Boot Camp** – 2 week summer program offering one-to-one instruction with an Orton Gillingham certified tutor for 2 hours each day on key skills for reading and writing.
LDA Kingston **Tel:** (613) 546-8524 **E-mail:** LDAk@LDAkingston.com **Website:** www.LDAkingston.com	**Annual Workshop/Conference Day** – Features guest speaker(s) on a range of topics related to LD and ADHD across the lifespan. **Workshops –** Throughout the school year, workshops are offered for students, parents, and educators on subjects such as: Transitioning from High School to Post Secondary Studies, How to Interpret your IEP, and Assistive Technology Training.
LDA London Region **Tel:** (519) 438-6213 **E-mail:** LDAinfo@LDAlondon.ca **Website:** www.LDAlondon.ca	**One-to-One Academic Elementary Tutoring** – Sessions with a trained volunteer tutor for students in grades 3 to 8. **One-to-One Tutoring for High School Students** – Sessions with a trained volunteer tutor for students in grades 9 to 12. **JUMP Math** – A trained tutor-led group program which is aligned with the Ontario math curriculum and includes a variety of games, activities and lessons that will allow each student to explore, practice, apply and extend math skills/concepts in a self-paced format. **Skills for Learning Program** – Strategies for maintaining attention & focus, cooperative learning, organization & planning, and memory for students in grades 4 to 6. **Learning Strategies Guidance** – Strategies for maintaining attention & focus, cooperative learning, time management, organization & planning, working memory, and understanding individual learning strengths, for students in grades 6 to 8. **AssistTech Tools** – Students in grades 4 to 8 practice computer skills necessary to use assistive technology effectively, through the use of games, activities and projects. **AssistTech Learning** – Teaches parents and students in grades 5 to 8 skills/strategies to enable the efficient use of assistive technology. **Guidance Tutoring Program** – Individual coaching in time management, organization, note taking, study techniques, attention & concentration, goal setting and project planning for students in grades 7 to 10.

LDAO Chapters: Local Services for Students with LDs

LDA Niagara **Tel:** (905) 641-1021 **E-mail:** LDAniagara@cogeco.net **Website:** www.LDAniagara.org	**Reading Rocks** – An individualized, one-on-one tutoring literacy program for children ages 5 to 16 who are struggling with literacy skills. **Reading Rocks Junior** – Early literacy intervention program for children ages 4 to 6 who are struggling with early literacy skills. **Let's R.E.A.D.** – A small group literacy program for children who are performing a minimum of one year behind in their reading. **B.E.S.T. (Better Emotional & Social Times)** – Self-advocacy and self-esteem program for 6 to 11 year olds with LDs and/or ADHD. **S.L.A.M. (Sunshine Learning Achievement & More)** – Full-day summer program for children ages 6 to 10, working on literacy skills and social skills through recreational activities. **H.O.P.E. (Helping Others Parent Effectively)** – Support group for caregivers of children with ADHD.
LDA Ottawa-Carleton **Tel: (**613) 567-5864 **E-mail:** info@LDAottawa.com **Website:** www.LDAottawa.com	**Monthly parent support/information meetings** during the academic year. **Workshop presentations –** A wide variety of workshops, intended to promote awareness of LDs, are available for children, parents, educators and employers. **Sunshine Day Camp** – Summer program for children ages 7 to 12 that focuses on the development of social skills. **Community Resource Center** **Roy Cooper Memorial Lending Library**
LDA Peel Region **Tel:** (905) 272-4100 **E-mail:** info@LDApr.ca **Website:** www.LDApr.ca	**Social Skills** — Social skills is a group facilitated program for students from grades 1-8. The structure of our program focuses on 4 levels: Beginner, Novice, Intermediate, and Advanced within both junior and senior sections. We use a strengths based approach to promote positive communication skills, while building on the child's self-esteem. Our program will encourage these helpful social skills by using role-modelling, positive feedback and self-awareness activities. **STATA (Stop, Talk, Ask, Team-Up & Agree)** — STATA is a group facilitated program for students from grades 1-8. The objective is to teach skills and strategies in positive conflict resolution. The term STATA (Stop, Talk, Ask, Team Up, and Agree) engages students in role playing, self-awareness and self-reflection activities that develop their abilities to deal with emotions, conflicts and disagreements. **Academic Support —** Academic Support provides one-to-one tutoring services for elementary, secondary school students, as well as adults. **Orton-Gillingham —** The Orton-Gillingham approach is a powerful tool of intervention used in remediation for individuals with language based

	difficulties/dyslexia. The program is multi-sensory involving visual, auditory, kinaesthetic/tactile modalities for learning. It is also highly individualized (diagnostic/prescriptive) and focuses on mastering skills prior to developing new skills in areas of decoding, encoding, writing skills, and remediation. **Mindfulness for Kids —** Mindfulness for Kids is a specialized program to teach children about mindfulness and why it can be beneficial to practice. Participants will learn ways to help them be aware and focus on the present through breathing exercises, guided visualizations, and interactive activities. **Mindfulness for Parents and Adults —** Mindfulness for Parents is a program created for caregivers of children and youth with learning disabilities and/or ADHD. We explore mindfulness through breath, bodywork, guided mediation, and expression. **Reading Rocks —** Reading Rocks is a highly successful reading program designed for children and youth with learning disabilities who have difficulty with learning to read using phonics, sight words, and fluency. Children are matched up with a professional tutor who adapts a poster board workstation and literacy program based on each child's specific needs. This program focuses on a sight reading curriculum for children whose strengths are visual memory, visual motor, or kinesthetic. Reading Rocks teaches 50 high frequency sight words by pointing, touching, cutting, and "doing" and children who previously had difficult reading find great success. Each week, children will set goals and graph their success on their poster board, contributing to motivation and self-regulated learning. Reading Rocks makes reading fun! **Kidz Konnect Summer Camp —** Kidz Konnect Summer Camp is more than your typical camp. It includes different programming to meet the diverse needs of our participants. In the mornings the campers participate in Social Skills and Academic Skills programming run by our Program Facilitators. After lunch, the campers participate in recreational activities that promotes the development of social skills. **Resource Counselling —** Parents, families, and adults can meet with our Resource Counsellor to seek information on Learning Disabilities, ADHD, community services and resources, deciphering and reviewing IEPs and Psychoeducational Assessments, and much more! **Workshops for Parents and Adults** — Workshops offer relevant topics geared towards parents and adults living with a Learning Disability and/or ADHD. **Psychoeducational Assessments** — The Psychoeducational Assessments are conducted by partnered Psychologists for Brampton residents. The assessment utilizes a wide variety of methods and tools that educators use to evaluate, measure, and document the academic readiness, learning progress, skill acquisition, or educational needs of

LDAO Chapters: Local Services for Students with LDs

	students as well as behavioural and emotional issues. Educational recommendations and accommodations can then be made to assist with any struggles and to help achieve educational goals.
LDA Sudbury **Tel:** (705) 522-0100 **E-mail:** info@LDAsudbury.ca **Website:** www.LDAsudbury.ca **North Bay & Area Services** **Tel: (**705) 476-5437 **Email:** LDAonorthbay@gmail.com **Sault Ste. Marie & District Services** **Phone:** (705)759- 2554 ext. 2713 **E-mail:** LDAossm@gmail.com	**Coaching Program** – One-to-one sessions for students in grades 7 and 8, mentored by students at Laurentian University, School of Education. **Assistive Technology Day Camp** – 4-day summer camp for students with LDs in grades 6 to 8 and their parents, in partnership with Cambrian College. **Interactive Workshops** – For students, parents, educators, and the community: • Educator workshop topics include: LD awareness, universal design for learning, differentiated instruction and addressing anxiety. • Student workshop topics include: LD awareness, self-advocacy/resiliency, social skills, motivation, addressing anxiety, and transition from high school to post-secondary education. • Parent workshop topics include: advocacy, LD awareness, and conflict resolution skills for parents.
LDA Toronto District **Tel:** (416) 229-1680 **E-mail:** admin@LDAtd.on.ca **Website:** www.LDAtd.on.ca	**Friendship Club** – Social skills program with groups for ages 5 to 7, 8 to 10, and 11 to 13. **Youth Empowerment Leadership Program (Y.E.L.P.)** – Activity-based social skills program for ages 14 to 17. **Youth Group at the YMCA Academy** – Social skills program for ages 14 to 17. **Young Adults Social Group** – Program to develop social skills, life skills and problem-solving skills, for ages 18 to 24. **Keyboarding for Kids** – Keyboarding training for ages 7 to 13 , in four locations. Week-long Keyboarding camps during March break and in the summer. **Assistive Technology Training for Kids** – Training for ages 8 to 17, with or without parent(s), in Kurzweil 3000 and Read and Write Gold. **Smart Kidz Tutoring** – Jump Math program for grades K to 7 and 8 to 12, in 3 locations. **Mindfulness** – Programs for children (ages 8 to 12) and youth (ages 12 to 15) that teach them to be aware and focus on the present through breathing exercises, guided visualizations and interactive activities. **S.T.Y.L.E. Program** (Skills Training for Youth through Learning and Education) – Offered in 9 high schools for students at those schools.

LDAO Chapters: Local Services for Students with LDs

	Social Skills Summer Camp – One week programs over the summer for 7 to 13 year olds. **Mindfulness for Parents** – 6 week series. **Preparing the Parent Workshops** – Workshops on a variety of topics over the academic year. **All Bases Covered** – Workshop series for parents providing concrete parenting and teaching skills to promote healthy thinking and healthy behaviours in their children.
LDA Wellington County **Tel:** (519) 837-2050 **E-mail:** info@LDAwc.ca **Website:** www.LDAwc.ca	**Reading Rocks** – an individualized, one-on-one tutoring program for children aged 6-12 who are struggling with literacy skills. Offered 1-2 times a year. **Information meetings/workshops** with field professionals 5-7 times a year on a variety of topics relevant to parents and adults. **Peer Support Network** meetings 2-3 times a year, with the aim of parents helping other parents through resource and knowledge sharing. **Family Conference** – a FREE full-day conference hosted on an annual basis, on the 3rd Saturday of October.
LDA Windsor-Essex County **Tel: (**519) 252-7889 **E-mail:** info@LDAwe.ca **Website:** www.LDAwe.ca	**BEST (Better Emotional/Social Times) Program** – Social skills training for ages 8 – 12. **Lego Club**– A collaborative play group for children ages 8 – 12 which provides opportunity for social communication, social support, social problem-solving and conflict resolution skills. **ABC & 123 Tutoring Program** – Small group tutoring in Windsor and Essex. Literacy and Math tutoring for grades 3 – 6. **Summer Enrichment Camp** – For students in or entering grades 3 – 6. **Assistive Technology Program** – Program for youth ages 8 – 14, promoting computer-based skills and use of assistive technology. **SOAR (Some Assembly Required) Transition Planning Summer Program** – Self-advocacy ad transition skills for students entering grades 6 – 9. **Youth Recreation Program** – Activity-based social program for youth ages 13 – 18. **SOAR High School Program** – Transition program for young adults ages 16 - 21 who are completing high school, have recently completed high school, or have dropped out of high school. **One to One (1:1) Adaptive Technology Training** – Computers, iPads, and Chromebooks with adaptive technology are available for use in the

LDAO Chapters: Local Services for Students with LDs

	chapter library, and introductory training on adaptive technology can be arranged. **Workshops and Conference**
LDA York Region **Tel:** (905) 884-7933 **E-mail:** info@LDAyr.org **Website:** www.LDAyr.org **Facebook:** https://www.facebook.com/LDAYR/timeline **LinkedIN:** https://ca.linkedin.com/pub/lda-york-region/98/465/2bb/fr	**Educational Workshops & Coaching Program** –Sessions for community members, students, and/or professionals on topics related to Learning Disabilities and/or ADHD. **March Break & Summer Assistive Technology Camp** – For students in grades 4 through high school. **Parent Support Group –** provides parents and guardians with the opportunities to exchange strengths, areas of improvement, solutions, and more information with other parents and professionals. This allows parents to form networks and to build self-esteem and self-confidence about their parenting styles. **SOAR Mindful Transitions** – Self-advocacy and transition program for students in grades 7 to 8. **SOAR Mindful Transitions** – Program for youth ages 16 to 20 years old transitioning into post-secondary education or the workplace. **Social Skills Programs** – Provided in Richmond Hill and Newmarket locations for ages 5 to 16. Also includes a Parent Support Group for parents of children enrolled in Social Skills Program. **Social Skills Summer Camp** – Activity-based day camp for ages 7 to 12. **Strategies for Life** – An 8 part series focusing on academic and socio-emotional effects of LDs and/or ADHD. Students ages 17 to 25 work towards developing strategies to become more resilient as they progress into the next stage of life. **Summer Institute for Youth** – Four 4-day workshops on topics related to transition to postsecondary studies, for ages 17 to 21. **Tutoring Services** – One-to-one literacy and numeracy tutoring program for students in grades 3 to 6, with trained volunteers. **Young Adult Forum** – Designed for young adults ages 19 to 25, to expand understanding of mental health issues and become the agents of change in their lives. Speakers present monthly on various topics and challenges surrounding mental health.