

## Types of Strategies that Educators can use with their Students

**Teaching planning strategies.** These strategies will help to minimize the anxiety of students, in particular, students with LDs. Planning brings an element of stability and routine to the day or the activity; this helps students with anxiety to manage disruptions and minimizes changes that they may perceive as unexpected. Lecours, Landry, and Émond suggest these planning strategies:

- Divide work into smaller steps;
- Provide an example of a planner or organizational chart and show the students how to use it;
- Provide an individualized work plan, with a sequence that the student can check off;
- Provide a work plan with specific tasks that the student can check off;
- Personalize references, checklists, etc.;
- Plan for individualized tutoring sessions/instruction;
- Plan regular times for individual review and revision;
- Plan time to go back over work with the student;
- Provide a variety of time management tools.

(2013; 4)