Types of Strategies that Educators can use with their Students

Teaching planning strategies. These strategies will help to minimize the anxiety of students, in particular, students with LDs. Planning brings an element of stability and routine to the day or the activity; this helps students with anxiety to manage disruptions and minimizes changes that they may perceive as unexpected. Lecours, Landry, and Émond suggest these planning strategies:

- Divide work into smaller steps;
- Provide an example of a planner or organizational chart and show the students how to use it;
- Provide an individualized work plan, with a sequence that the student can check off;
- Provide a work plan with specific tasks that the student can check off;
- Personalize references, checklists, etc.;
- Plan for individualized tutoring sessions/instruction;
- Plan regular times for individual review and revision;
- Plan time to go back over work with the student;
- Provide a variety of time management tools.

(2013; 4)